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## WALKS FROM TREFEDDIAN

There are several walks you can do direct from the front door! You can walk into Aberdovey, around the hills behind or to Tywyn.

## 1. Trefeddian to Aberdovey and around the village

From the hotel you can either walk to the village along the beach or along the pavement on the main road. Please note that this walk can be steep in places.

To walk along the beach; walk down the path past the swimming pool, across the main road, over the golf course and sand dunes onto the beach. Turn left and carry along to the end of the beach where you will see the lifeboat station and yacht club (please note that dogs are not allowed on the beach in front of the car park).



There is a Welsh folksong, Clychau Aberdyfi, which refers to the sound of the bells which can be heard rising from beneath the waves as you walk along the beach at Aberdyfi. According to the song and the legend, there were 6 churches in Cantre'e Gwaelod and it is these bells which are said to be heard.

To walk along the main road turn left out of the hotel and walk down the drive, cross over the main road with caution and follow it to Aberdovey. Please note that this is suitable for wheelchair users. On reaching the Neuadd Dyfi turn right, walk down the road, just before the tunnel that goes under the railway line, turn left again along a tarred footpath. This will bring you to a subway. Walk past the fire station on your right. Go through the car park entrance and down to the sea front, follow this round the yacht club and to the wharf.

The wharf was erected in 1882 and is about 500 feet in length. The jetty was 370 feet long protruding into the river to enable ships to load and unload whatever the state of the tide. The development of the slate quarries in the surrounding area during the late nineteenth century and the increasing demand for slate, meant that the harbour was very busy. The end of the century and the early twentieth century were the busiest times. During the First World War there was a decline of the shipping industry and the once busy wharf was used as a coal dump. Slowly the wharf and jetty deteriorated making the area an eye sore. However in 1965 improvements were made transforming the area to include the yacht club, gardens and Tourist Information Centre.

From the wharf follow the sea front to the Penhelig Arms, opposite the Penhelig Arms you will see a private road around the front of some houses, take this road to Penhelig Park.

Sit and enjoy the view here before returning back to the hotel, or continue along the Roman Road. (Please note it can be slippery and do not walk along here when it is high tide). Take a moment to read the inscription on the slate monument to 3 Troop 10 Command. Return back to the Main road and with the Penhelig Arms facing you on its left is a small public toilet (now closed). Just beyond the toilet is a footpath to the right, follow this path up the steps.

Continue along the path parallel to Aberdovey Hillside Village and then along the road until the end where you will reach a Y junction. Turn right here, up the hill.

Take the first road left down Argoed (Garth) Road (private road), walk down the hill and around the corner. When you get to the end there is a footpath which will take you down the hill. This will lead to another road, follow that road to a T junction at Copperhill Street. Turn left and walk down Copperhill Street 20 yards leading to a footpath to your right hand side. Take this footpath, walk up the hill then down the hill where you will reach the main road.

Walk to Rhosllan (where the road is marked private by a large green sign) follow this road round to the end and walk up the hotel drive in time for afternoon tea!



## 2. Trefeddian to Tywyn 4 or 8 Miles

Walk down the path past the swimming pool, across the main road, over the golf course and sand dunes onto the beach. Turn right on reaching the beach and follow the beach to Tywyn. The old concrete structures you will see are war time pillar boxes. On nearing Tywyn, at really low tide you will see ancient peat beds. There is also amazing birdlife along the shores.

When Tywyn comes into sight you can cut up the beach to a path that will lead you to the start of the promenade, from here you can walk all the way to the end.

To return to the hotel either retrace your steps or walk into Tywyn where you can catch either a bus or train. We recommend you do this walk at low tide, for public transport timetables please ask at Reception.

## 3. Gwelfor Walk 3 Miles

From the hotel walk into Aberdovey along the main road on the pavement, soon after reaching the village you will pass the bowling green on your right, opposite this turn left up a narrow road, Gwelfor Road.

At the top of this road, turn left at the stile and follow the left hand track to the next stile. On reaching the next stile, pause to admire the view over the Dyfi estuary and Cardigan Bay. Continue along the path, look out for a large white stone on the opposite hill as a guide. Arrive at Trefeddian Farm and pass through the farmyard using two gates. Turn sharp right down to the stream. Cross over the stile.

Make for a large white stone on the hillside and carry on beyond the derelict barns, after this the track becomes a tarmac lane going down hill towards the cemetery.

On reaching the main road, cross with care, take the path at the left of the lay-by and follow the path along the golf course on the left which you need to follow until the hotel comes into sight. Go through the gate and up the path past the swimming pool back to the hotel. To make a change this walk can be done in reverse.

